

Client Intake Form - Therapeutic Massage

Client Information

Name _____ Email _____
Phone (cell/day) _____ DOB _____ Age: _____
Address _____ City/State/Zip _____
Emergency Contact Name _____ Phone _____ Relationship _____
Occupation _____ Referred by: _____

Health Information

Are you taking any medications? yes no If yes, please list: _____
Any allergies? (oils, lotions, nuts, fruits, skin, etc.) yes no If yes, please list: _____
Are you pregnant? yes no If yes, how many months: _____ Due date: _____
Are you currently under medical supervision or receiving other medical interventions? yes no
If yes, please describe: _____

Areas of swelling	yes	no	Diabetes	yes	no	Osteoporosis	yes	no
Autoimmune disorder	yes	no	Fibromyalgia	yes	no	Phlebitis	yes	no
Back / neck problems	yes	no	Headaches	yes	no	Sciatica	yes	no
Bleeding disorders	yes	no	Heart condition	yes	no	Seizures	yes	no
Blood clots	yes	no	Hypertension	yes	no	Stroke	yes	no
Bruise easily	yes	no	Kidney disease	yes	no	Tendinitis	yes	no
Bursitis	yes	no	Multiple sclerosis	yes	no	TMJ disorder	yes	no
Cancer	yes	no	Neurological condition	yes	no	Varicose veins	yes	no
Contagious condition	yes	no	Neuropathy	yes	no	Vertigo / dizziness	yes	no
Decreased sensation	yes	no	Osteoarthritis	yes	no			

Areas of broken skin? (e.g. rash, wounds) yes no If yes, where? _____
History of joint replacement surgery? yes no Which joint(s)? _____
Recent injuries or medical procedures in the past 2 years? yes no Please describe: _____
Please describe any other injuries or health conditions: _____

Massage Information

Have you had professional massage before? yes no How recently? _____

Reason for seeking massage: Relaxation Specific problem

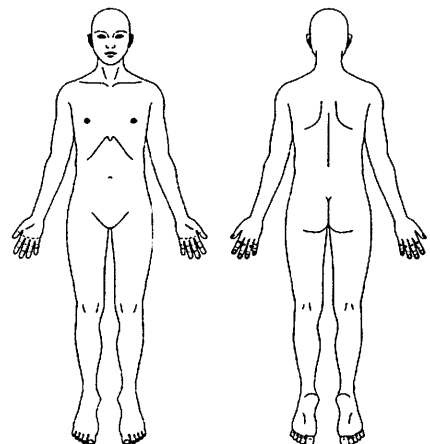
Please indicate any areas of discomfort

How much pressure do you prefer? Light Medium Firm

By signing below, I acknowledge that I am aware of the benefits and risks of massage therapy and that I have completed this form to the best of my knowledge. I also agree to inform my massage therapist of any health or medical changes.

Client Signature _____ Date _____

Therapist Signature _____ Date _____



Massage Therapy Waiver and Release

Please read and sign:

- I understand massage therapy is provided for stress, rejection, relaxation, relief from muscular tension, and improvement of circulation and energy flow.
- If I experience pain or discomfort during the session, I will immediately inform my therapist, so that pressure and strokes can be adjusted to my level of comfort.
- I will not hold my therapist responsible for any pain or discomfort I experience during or after the session.
- I understand that today's service is not a substitute for medical care and that my therapist is not qualified to diagnose, prescribe or treat physical/mental illnesses.
- I affirm that I have notified my therapist of all known medical conditions and injuries.
- I agree to inform a therapist of any changes in my health and medical condition that there will be no liability on the therapist part should I forget to do so.
- I understand that Massage is entirely therapeutic and non-sexual in nature.
- By signing this release, I wave and release my therapist from any liability relating to massage therapy and bodywork

Client Signature _____

Date _____